

# STATE OF CONNECTICUT

## DEPARTMENT OF PUBLIC HEALTH

Raul Pino, M.D., M.P.H.  
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Environmental Health

### EHS Circular Letter 2017-30

TO: Directors of Health  
Chief Sanitarians  
Regional Lead Treatment Centers  
Physicians

FROM: Christine Hahn, Epidemiologist  
Lead, Radon & Healthy Homes Program

DATE: August 28, 2017

SUBJECT: High levels of lead found in Balguti Kesaria Ayurvedic Medicine

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On August 4, 2017 the U.S. Food and Drug Administration (FDA) issued a warning for “Balguti Kesaria (or Kesaria Balguti) Ayurvedic Medicine” due to the risk of lead poisoning.

This product is sold online and manufactured by multiple companies, including Kesari Ayurvedic Pharmacy in India. “Balguti Kesaria Ayurvedic Medicine” is used with infants and children for a variety of conditions including rickets, cough and cold, worms and pain relief for baby teething. To date, FDA has received one adverse event report of high levels of lead and developmental delays in a child.

The warning can be found on the FDA website at:

<https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm570257.htm>

FDA would like physicians to report any adverse events potentially related to “Balguti Kesaria Ayurvedic Medicine” to FDA’s MedWatch Adverse Event Reporting program:

- Download and complete the MedWatch Online Voluntary Reporting Form found at <https://www.accessdata.fda.gov/scripts/medwatch/index.cfm?action=reporting.home>
- Submit the form via fax at 1-800-FDA-0178

Please direct all questions to the Connecticut Department of Public Health Lead, Radon & Healthy Homes Program at 860-509-7299.

cc: Suzanne Blancaflor, M.P.H., M.S., Chief, Environmental Health Section



Phone: (860) 509-7299 • Fax: (860) 509-7295  
410 Capitol Avenue, P.O. Box 340308  
Hartford, Connecticut 06134-0308  
[www.ct.gov/dph](http://www.ct.gov/dph)

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